

### Weekend Weather

**Friday:** Cloudy with isolated rainshowers – high 77 low 72  
**Saturday:** Cloudy with rain – high 77 low 72  
**Sunday:** Cloudy with isolated rainshowers – high 82 low 70



### Monthly sortie goals

Squadron	Goal	Flown
8th FW	738	212
35th FS	369	100
80th FS	369	112



### ATSO Tip:

Once split MOPP has been declared, set up "chem zone cones" to identify the boundaries of the clean/dirty chemical zones but don't use the same type of cones to identify chemically contaminated equipment because it causes confusion once base-wide Alarm Green/MOPP 2 is declared.



## Air Force releases promotion data for staff sergeant

*More than 400 Wolf Pack members to be promoted*

The Air Force has selected 19,448 of 30,880 eligible senior airmen for promotion to staff sergeant, a 62.98 percent selection rate.

The complete list of selectees is posted to the Air Force Personnel Center's web page at [www.afpc.randolph.af.mil](http://www.afpc.randolph.af.mil).

"This is great news for the Air Force," said Chief Master Sgt. Mark Billingsley, Enlisted Promotion and Military Testing Branch chief at the Air Force Personnel Center at Randolph Air Force Base, Texas.

"The message to our young airmen is that their hard work and tremendous sacrifice, particularly during this past year, is being rewarded. The Air Force believes in them and wants to capture their potential



to serve as NCOs. It's very exciting to see these young professionals step up to the challenge of that next stripe."

People who tested are expected to receive their

score notices by the end of August, allowing them to see just how their Promotion Fitness Examination and Specialty Knowledge Test scores rank against those they're directly competing with for promotion within their Air Force Specialty Code.

The average score for those selected was 264.06 points based on the following averages:

- 130.37 Enlisted Performance Reports
- 54.16 Promotion Fitness Exam
- 52.11 Specialty Knowledge Test
- 15.63 Time in Grade
- 10.79 Time in Service
- .058 Decorations

The average selectee has 1.64 years time in grade and 4.35 years in service. Those selected will be promoted to staff sergeant from September 2002 to August 2003.

– See KUNSAN LIST Page 5

## ESOHHCAMP assessment focuses on safety, compliance

*By Airman 1st Class Andrew Svoboda  
8th Fighter Wing Public Affairs*

An Environmental, Safety, and Occupational Health Compliance Assessment and Management Program team visits the base Monday through August 27.

The team, which consists of experts from various organizations and locations within Pacific Air Forces, visits the base once every three years.

During the visit, some assessors will look at base-wide programs such as natural resource conservation and radiation exposure monitoring. Others will specifically look at how each shop maintains safety compliance and hazardous waste procedures.

The ESOHCAMP is different from a typical inspection because the base does not receive an overall pass, fail or tiered rating.

"The overall objective of the assessment is to improve the management of these programs throughout the Wolf Pack," said 1st Lt. Karsten Lipiec, environmental flight chief with the 8th Civil Engineer Squadron. "The oversight these experts provide helps to also ensure that

future problems are anticipated and possibly prevented."

The assessment team, comprised of the ranks master sergeants through colonel, will be casually walking through many shops throughout the assessment, said Lipiec.

"If an inspector visits your shop, they may ask a random person about safety issues, not always just the POC. They may also want to get to know a little about what you do," said Lipiec. "Stay calm and remember to be polite and respectful and help them with any questions they may have."

There are five levels of findings: significant, major, minor, management practice and positive. A "Significant Finding," the harshest of the five, represents a condition that poses a threat to human health and safety or the environment and would cause the base to shut down until fixed. A "Positive Finding" is given for exceptionally good management practices or a shop/team that far exceeds



Photo by Staff Sgt. Suelllyn Nuckolls

**1st Lt. Karsten Lipiec, 8th Civil Engineer Squadron environmental flight chief, inspects Tech. Sgt. Donald Lipnitz's locker for discrepancies in To make final preparations for this week's ESOHCAMP assessment.**

requirements, according to the inspection team's guidelines.

"Our goal is to instill in everyone that ESOHCAMP is not just a one time event during the year," said Col. Stuart

Johnson, 8th Fighter Wing vice commander. "Instead it's an attitude coupled with training with training to be outstanding stewards of our environment and people 365 days of the year."

## 'Don't sweat the small stuff' - Not always true

By Col. Larry Strube  
379th Air Expeditionary Wing Commander

OPERATION ENDURING FREEDOM -- We often admire those around us who have the uncanny ability see the "big picture." The person who amid all the chaos can keep focused on the larger task at hand and not get sidetracked by all the details.

At the same time, we tend to look at people who emphasize the small details as nitpickers, micro-managers, or worse.

Our culture is full of phrases that describe someone caught up in the details, like someone who "can't see the forest for the trees." But from my point of view, being a detail person is critical to the success of everything we do.

Who would want to go fly in an aircraft where the mechanic didn't worry about ensuring the engine was maintained to extremely tight specifications? Would you visit a doctor who prescribed medications and didn't worry about drug interactions because they didn't think it was important to keep up with the latest details published by pharmaceutical companies?

I hope in all these examples your answer would be "no." Why? In each example, the problem was the details were ignored.

One of our Air Force core values, Excellence in all things we do, hits the nail right on the head. If we do everything, large or small, to the best of our ability, then successful mission accomplishment is practically guaranteed.

The details are the building blocks for success. Like a builder, if you don't spend the time putting in a strong foundation, the finished product may look good but it will never stand up during bad weather. In this case, ignoring the details can have a catastrophic impact. If a commitment to excellence is not part of your daily routine, you'll never get to the "big picture." You must spend the time and effort taking care of the "small stuff."

Mastering the small stuff allows Tiger Woods to hit a golf ball 300 yards. It allows a pilot to put a bomb right on target during a high-speed bombing run. Taking care of the small stuff guarantees two aircraft don't collide with each other while air refueling.

We marvel at the skill involved in all these tasks without giving a second thought to all the small details that must be mastered for each of these events to be successful.

In the military, taking care of the small stuff has a name: discipline. In simple terms, discipline means

doing things right when no one is watching. It's wearing your uniform properly, complying with regulations, and not being satisfied with the job until you've done your very best.

Discipline and details go hand in hand. Without discipline and attention to details, we're setting ourselves up for failure. We'll never be able to admire the big picture because the building blocks or details don't get done.

We'll constantly fall short of our goals because the small things or details will trip us up. It doesn't matter if you're working alone or with a team, paying attention to the small stuff is always important.

So what's the secret to successful mission accomplishment? It's a commitment to excellence that starts with the basic building blocks of any task. It's taking care of the details as part of your every day routine.

It shouldn't be something you do after the fact in an attempt to find mistakes. If you didn't care enough to do it right the first time, the odds are certainly against you finding your mistakes the second time around.

Next time someone tells you "don't sweat the small stuff," take the time to explain to them how the "small stuff" makes the "big stuff" happen.

### News Briefs

#### Term I registration ends today

Today is the last day to register for Term I classes. A schedule of classes is available on the Education Center Channel, Ch. 11. Term I begins Monday, however 100 percent tuition will not be available until Term II. For more information, call Brain Boyle at 782-4758.

#### Korean, American talent show

A base-wide talent show is at 7 p.m. Saturday at the base theater. For more information, call 782-4619.

#### Finance closes for training

Beginning Monday, finance will close 8 - 9 a.m. Mondays between for training. For more information, call 782-4401.

#### Family reunion brief

A brief addressing the challenges of family reunions after an assignment at Kunsan is 3:30 p.m. Tuesday at the base theater. For more information, call the Family Support Center at 782-5644.

#### 'Korean Survival' class

The Korean survival class teaches basic alphabet and common tourist expressions for travel, dining and shopping at 5 p.m. Tuesday at building 755. To register, call 782-5644.

#### Sponsor training

Creative ways to assist newcomers reporting to Kunsan are offered during sponsorship training 10 a.m. Wednesday at the Sonlight Inn. To register, call 782-5644.

#### Contracting training

U.S. Army Contracting Command Korea will hold contracting officer representative training Thursday from 9 - 11:30 a.m. at building 911. Personnel who are serving or who will be serving as a COR and have not received formal training are encouraged to attend. Seating is limited. For more information, call Scott Estes at the Kunsan Contracting office at 782-6480.

#### Resume-writing workshop

Choose the correct resume format to market yourself for a job at the 'Your Resume' workshop 10 a.m. Thursday. To register, call 782-5644.

#### Club seeks Latin Night disc jockey

The Loring Club seeks a DJ to host Latin Nights the second and third Saturday of every month. A DJ who owns Hispanic CDs is preferable. For more information, call the Loring Club manager at 782-4575.

#### Walking tours scheduled

The Kunsan City walking tour allows Wolf Pack members to tour the shopping area, visit a Buddhist temple, hike Wolmyeong Park, and get confident using local transportation. The tours are noon Fridays. To register, call 782-5644.

#### Sonlight Inn Meal

This week's meal will be barbecued beef tips, mashed potatoes, green beans, corn and rolls. Meals begin at 6 p.m. at the Sonlight Inn.

#### Volunteers needed for Hispanic Heritage Committee

Committee members will plan, prepare and execute events between Sept. 15 and Oct. 15 in celebration of Hispanic contributions and culture. For more information, call the equal opportunity office at 782-4053.

#### Finance prints telephone statements

The 8th Comptroller Flight will begin printing and distributing monthly phone bills for people with a personal phone in their rooms. Bills will continue to be deducted from Air Force member's paychecks, but finance must provide the bill to members each month.

### Commander's Hotline

#### Who to call

Base exchange.....	782-4520
Chapel.....	782-4300
Civil engineer squadron customer service.....	782-5318
Commissary manager.....	782-4144
Computer help desk.....	782-2666
Fitness center.....	782-4026
Housing office.....	782-4088
Inspector General.....	782-4850
IDEA office.....	782-4020
Law enforcement desk.....	782-4944
Legal assistance.....	782-4283
Military equal opportunity.....	782-4055
Military pay.....	782-5574
Military personnel flight customer service.....	782-5276
Medical patient advocate.....	782-4014

*The commander's hotline is your direct line of communication between me and the Wolf Pack. It's one of several means of helping to resolve concerns and to get my response to comments and questions. As a general rule, I ask you to contact the agency involved first, but if you are not satisfied, call the hotline at 782-5284, e-mail the 8th Fighter Wing Public Affairs office or e-mail me directly.*



Col. Guy Dahlbeck  
8th Fighter Wing commander



#### Wolf Pack WARRIOR Editorial staff

**Col. Guy Dahlbeck**  
8th Fighter Wing commander

**Capt. Alisen Iversen**  
chief, public affairs

**1st Lt. Heather Healy**  
deputy chief, public affairs

**MSgt. Mark Haviland**  
superintendent, public affairs

**SSgt. Jerome Baysmore**  
chief, internal information

**A1C Andrew Svoboda**  
editor

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The editorial content is edited, prepared, and provided by the 8th Fighter Wing Public Affairs office of Kunsan Air Base, Republic of Korea, which is located at Building 1305. The public affairs address is 8th FW/PA, PSC 2 Box 2090, APO AP 96264-2090.

Deadline for submissions to the **Wolf Pack Warrior** is no later than 4:30 p.m., Thursdays one week prior to publication.

The preferred medium for submission is e-mail to [WolfPackWarrior@kunsan.af.mil](mailto:WolfPackWarrior@kunsan.af.mil). Faxes and typewritten submissions are also accepted. The voice mail to Public Affairs is 782-4705. The fax number is 782-7568.

#### Globet Café Hours

Sun. - Thur. 6:30 a.m. - 10 p.m.  
Fri - Sat. 6:30 a.m. - midnight



# Class offers lessons in cultural cooking

By Airman 1st Class Andrew Svoboda  
8th Fighter Wing Public Affairs

*Editor's Note: This is the first in a three part series about cultural awareness programs available through Kunsan's Family Support Center.*

The Family Support Center continued their free cultural cooking program Tuesday with a class on Korean cooking at the SonLight Inn.

Students learned how to prepare Gimbap, a traditional Korean dish.

Gimbap is made by wrapping rice, vegetables and meat in seaweed.

Un Hye Allen, a Wolf Pack dependent and native of Kunsan City, taught students how to prepare the Gimbap. Although not a professional cook, Allen learned to cook from helping her mother.

"It takes less than an hour to make, it's Korean fast food," said Allen. "[Gimbap] is very popular, every Korean knows it."

Allen showed students how to chop the vegetables into long, thin strips. Ham, eggs and carrots were stir-fried.

Students spread rice evenly in a seaweed wrap, added strips of meat and vegetables, and rolled the wrap using a bamboo mat.

"The preparation was easy, but the rolling definitely takes some practice and finesse," said Tech. Sgt. Jenny Nicholson, 8th Transportation Squadron. "I love the way it tastes, and it's healthy for you."

One needn't have much cooking experience to enjoy this class, said Capt. Christine Stroda, 8th Transportation Squadron.

"It's unusual for me to take this class. My husband is usually the cook," she said. "It's a good way to meet



Photos by Airman 1st Class Andrew Svoboda

Un Hye Allen, a base volunteer, shows students how to cut ingredients into long strips to make Gimbap, a traditional Korean dish. Free cultural cooking classes are held monthly through the Family Support Center.

(BELOW) Students wrap strips of vegetables, meat and rice in seaweed, then roll it into a log using a bamboo mat. Finally, students cut the into small rolls, which look similar to sushi.

people from base. It's a fun class, and you get to eat when it's done."

The class was the second of the Family Support Center's cultural cooking classes. Last month, students prepared a Turkish meal.

"The class is free, and we provide the ingredients," said Larry Kurzer of the Family Support Center.

"This is just another way for base personnel to connect with the local culture.

"Next month, we're looking into teaching how to cook bulgolgi or mandu," said Kurzer. "Next month is also Hispanic Heritage Month, so we might do something to go along with that."

While next month's class is not yet scheduled, as the information comes available, e-mails will be sent through the first sergeants and notices will be put on the commander's access channel, Kurzer said.

For more information, call the Family Support Center at 782-5644.



## Agents recover stolen laptops; suspect in custody

By Maj. Mike Richmond  
Office of Special Investigations Public Affairs

Air Force Office of Special Investigations agents recovered two missing laptops containing highly sensitive U.S. military information last Friday.

A week earlier, the laptops had been reported missing from a secure location at U.S. Central Command headquarters at MacDill Air Force Base, Fla., triggering the influx of 46 OSI agents to investigate their disappearance.

OSI agents recovered the laptops from a private residence near MacDill area after identifying the suspect and learning the location of the laptops.

The suspect is a military member who

had access to the area within CENTCOM from which the laptops had been taken. He was placed in the MacDill detention facility last Friday.

"Recovery of the laptops was a huge triumph for all the OSI agents and support personnel who applied their skills and resolved this case in short order," said Special Agent Jeffrey Vent, who led the investigative team.

"This was an extremely important investigation, and I couldn't be more proud of everyone involved."

The laptops remain in OSI's possession and will be examined by agents specially trained in computer forensics to determine whether any of the sensitive data has been manipulated or compromised, Vent said.

Beyond examination of the laptops, more investigative work remains to be done to corroborate elements of the suspect's story, Vent said.

Vent attributed his team's success to the large and swift influx of OSI agents. Just days after the laptops were reported missing, 46 agents joined forces with five agents permanently assigned to OSI Detachment 323 at MacDill.

Vent, who commands that detachment, knew immediately the case called for more manpower than his staff could have provided.

"We needed to interview everybody who had access to the area the computers had been taken from, and that was a very, very long list of people," Vent said.

Accordingly, OSI senior leadership

decided to immediately deploy as many agents as possible to tackle the interviews expeditiously.

"The longer it was going to take to talk to everybody, the more likely it was going to be that the trail would go cold," Vent said. "

Speed was of the essence, and we achieved speed with overwhelming manpower."

Officials are withholding the suspect's name, rank, and branch of service in accordance with Uniform Code of Military Justice rules that prohibit identifying a person suspected of a crime prior to the preferal of charges. Similarly, the suspect's expressed motive is not releasable until and unless it is revealed in court proceedings.

Korean/American Talent Show  
7 p.m. Saturday at the Base Theater

# Fire it up!

*'Fire Dawgs' battle officers  
during annual challenge*

By 1st Lt. Heather Healy  
8th Fighter Wing Public Affairs

The 2nd Annual Firefighter's Challenge between the 8th Civil Engineer Squadron's officers and 8th CES "Fire Dawgs" took place Aug. 9 at the Kunsan Air Base Fire Station.

"The Firefighter's Challenge is a tradition in CE that helps build moral and promote esprit de corps," said Capt. Yvonne Spencer, 8th CES. "It's also a great opportunity to talk trash and then try to back it up!"

The course is designed to train the firefighters and keep them physically fit.

Though not every base has a version of the Firefighter's Challenge, that doesn't keep the 8th CES from setting the standard.

"We're getting ahead of the game by incorporating it



Staff Sgt. Richard Galltieri, 8th CES, drags a 180-pound dummy while wearing the 15-pound fire protection suit. Airman 1st Class Dennis Cameron, 8th CES, assists Galltieri.



Photos by 1st Lt. Heather Healy

Capt. Yvonne Spencer, 8th Civil Engineer Squadron, cheers on teammate 1st Lt. Kristina Selstrom, 8th CES, as she runs the fire hose obstacle. This was one of the challenge's 10 obstacles, which tested endurance, strength, and fire-fighting capabilities.

into Kunsan fire protection," said Senior Airman Chad Carrier, 8th CES.

"Our goal is to have every firefighter complete the course in eight minutes."

The day of the challenge, most competitors completed the course in the range of seven to nine minutes, however a few breezed through the course in under six. The best time of the day came from Carrier himself who completed all stations in four minutes, 10 seconds.

Carrier organized the 10-station course, which included everything from endurance to strength tests.

Fortunately because the challenge took place at the fire station, there were plenty of Emergency Medical Technicians on hand to make sure safety came first.

According to Senior Airman Ron DeWitt, a qualified EMT, the safety of the individuals was a primary concern during the challenge. Because of this, he took the vital signs of each competing member before and after the course. Safety did become a real concern when all

competitors slid themselves into the 15-pound suit and began completing the physical events.

The timed events included simple tasks such as picking up hoses and ladders and pulling them to designated locations, as well as more difficult tasks such as carrying a 180-pound dummy from one end of the station to the other and back.

According to many of the competitors who finished the course, it was much harder than it looked.

"I appreciate the officers coming out so they can see how physical our job is and how much work it really entails," Carrier said.

The officers' total combined score of 59.9 was only four seconds slower than the Fire Dawgs' who combined received a score of 59.05. Both sides, however, came away with a sense of accomplishment.

"Every now and then it's good to push away from the desk, roll up your sleeves and get a little dirty," Spencer said.

"And besides, it's a lot of fun."

"Every now and then it's good to push away from the desk, roll up your sleeves and get a little dirty! And besides, it's a lot of fun."

— Capt. Yvonne Spencer

## Pride of the Pack



**Job:** 8th Medical Operations Squadron physical therapy  
**Hometown:** Lewiston, Idaho  
**Follow-on:** Yokota AB, Japan  
**Hobbies:** Playing sports, fishing, video games



Staff Sgt.  
Daniel Davis

Nominees are selected for outstanding service and dedication to their unit. To nominate an individual, contact the member's group commander.



Photo by Staff Sgt. Stan Parker

### General meets SF troops

Lt. Gen. Chuck Wald, Deputy Chief of Staff for Air and Space Operations, met with 8th Security Forces Squadron troops Tuesday for a demonstration of Kunsan's war-fighting capability. An attack was simulated on 'Big Coyote,' the highest point on base, while troops with M-60 rifles and .50-caliber machine guns defended the hill.



– KUNSAN LIST  
from page 1

*The following Wolf Pack members were selected for promotion to staff sergeant:*

35th Fighter Squadron

Raul Benavides Jr.  
Seth A. Berger  
Kenneth L. Bradbury  
Samuel E. Brandt  
Amber L. Brown  
Kraig M. Callais  
Charles B. Choate  
Evan R. Clegg  
Michael P. Derusha  
Kimberly A. Devine  
David W. Dickson  
Christopher Edwards  
Michael D. Engle  
James A. Frey  
Damien M. Guedes  
Lawrence Hernandez  
Gene T. Horrigan  
Robert L. Jenkins  
Cameron W. Jones  
Francisco Lagunas  
Carlos A. Lee  
Bobby B. Leonard Jr.  
Ronnie Martinez  
Luis A. Morfin  
William R. Mormando  
Byron D. Nowells  
Jeremy C. Page  
Amanda Rademacher  
Damien F. Rawls  
William J. Reeder  
Misty D. Ruse  
Shavanya L. Sartin  
Joseph A. Saunders  
Robert N. Short II  
William J. Silva  
Alejandro Solis  
Alex O. Stcyr  
Timothy W. Stine  
John W. Vaught  
Chandler L. Vazquez  
Jeremy D. Via  
Brian T. Vorhees  
Travis H. Ward Jr.  
8th Civil Engineer Squadron  
Andrew P. Adrian  
Jamall S. Curry  
Michael B. Freeman  
Neil B. Gertiser  
Jeffery L. Goff  
Michael J. Hawkins  
James C. Hicken  
Thomas J Higgins  
Jason E. Joseph  
Matthew B. Kissel  
Michael B. Kuhns  
Jonathan Lacondazo  
Richard E. Love  
Annie B. McCraney  
Phashaun D. McCrary  
Daniel P. Mcknight  
Jacob D. Mott  
Edward E. Pelley  
Wanda M. Renfroe  
Shelley Schremser  
Kenneth M. Shockley  
Aaron M. Spencer  
Charles E. Stirling  
Lamar L. Sullivan  
Torrey K. Thompson  
William Vandegrift  
8th Comptroller Flight  
Renea M. Merth

Anthon Paternoster  
8th Communications Squadron  
Jesse M. Bailey II  
Lucas A. Biddulph  
Cory L. Cross  
Christopher Demelo  
Faith L. Dougherty  
Brian K. Guillory  
Elizabeth S. Harris  
Arthur R. Kelly Jr.  
Patrick M. McCain  
Kelly K. Parkinson  
Frances J. Peterson  
Rudolph G. Richards  
Jeffery Rush  
Brad A. Schafer  
Joshua E. Shasky  
Dale W. Sowers Jr.  
Jonathan D. Stevens  
Heather E. Thatcher  
Christopher Thomas  
Melissa Vannorton  
Kenyun S. Willis  
8th Fighter Wing  
Sheena N. Barber  
Crystal L. Berry  
Michele L. Hayes  
Brandi J. Kelly  
Tara L. Lane  
Monica M. Noe  
Denise E. Wiegand  
8th Logistics Support Squadron  
Lillian K. Barnes  
Angela G. Grey  
Dianelle E. Gross  
Kenneth T. Johnson  
8th Medical Operations Squadron  
Angela L. Anthony  
John P. Danne  
Nicole M. Diaz  
Tommie E. Ellis  
Julie A. Hernandez  
Cherise D. Joseph  
Robert P. Lockhart  
Andre L. Rouzan  
Ollivia M. Sinclair  
Nicole R. Tradup  
Brian J. Watts  
Christina Webster  
Larina Whitehorse  
8th Medical Support Squadron  
Joseph A. Berberich  
David W. Boerner  
Erick D. Roberson  
Alvin L. Weir  
Amanda Winters  
8th Mission Support Squadron  
Luis Galarza  
Raymond A. Perkins  
Jadon J. Schank  
Desiree L. Ybarra  
8th Maintenance Squadron  
Malik Y. Abuelaileh  
Albert J. Anderson  
Lance D. Andrews  
Jonathan R. Anlauf  
William L. Atkinson  
Joseph Ballantini  
Brent L. Bays  
Charly S. Bennett  
Eric J. Biscoglio  
Russel R. Brenner  
Tiffany K. Brown  
Joshua D. Burback  
Michael A. Burley  
Desten E. Cain  
Jason D. Carlton  
George W. Carpenter  
Micheal J. Carvalho  
Nathaniel L. Clark  
William R. Coburn  
Kathryn L. Conner

Shaun C. Crawford  
Brian C. Cureton  
Frederic A. Currie  
Christopher Czerwonka  
Matthew P. Debski  
Jessica Dibias  
Jason G. Dixon  
Michael Dupertuis  
Jonathan Dvareckas  
Matthew E. Ellison  
Adam M. Evans  
Desarie J. Evelo  
Brendan J. Fagan  
Edward Fonseca  
Andrew C. Fowler  
Shane M. Frank  
Christopher Fuller  
Tikwan D. Garland  
Colette L. Griffith  
Brandon L. Grose  
Harold G. Gunelson  
Bobby D. Haddix  
Jason K. Hagen  
Sean C. Harris  
Kurtis J. Havens  
Theodore P. Herman  
Philip L. Hornung  
Jerusha Huebenthal  
Jacob A. Huston  
Clarence L. Jackson  
Michael R. James  
Jetshada Jaruboon  
Lee M. Johnson  
John S. Juanico  
Sean L. Karshner  
Richard B. Keesling  
Travis L. King  
Dara B. Lora  
Andrew C Macneil  
Andrew M. Marabella  
Neil E. Martin  
Aaron P. Mason  
Steven C. Max  
Crystal McDermott  
Jason R. McLain  
Derrick A. Meyer  
John E. Meyer  
Bradley J. Miner  
Chauncey D. Minnick  
Kristo Mollenhauer  
Gladis Morales  
Robert M. Morris II  
Christopher Moses  
Donald R. Mosley Jr.  
James M. Murphy  
Brandon L. Pachey  
Matthew J. Panik  
Nicholas J. Patek  
Donald A. Propst  
Seth P. Richards  
David C. Rodeheaver  
Ernesto Sandoval  
Patricia G. Schmitt  
Patrick O. Sharp  
Keith H. Snethen  
Clayton Steinberg  
David F. Stogsdill  
Aaron N. Stuart  
Troy R. Thompson  
Sean M. Trainor  
Matthew A. Traxler  
Valerie K. Tucksen  
Shawn T. Veach  
Thomas C. Weir  
Keith R. White  
Andrew J. Wilson  
Barry J. Worley II  
Albert F. Zaletel  
8th Operations Group  
Jason A. Adams  
Philip D. Carter  
Christopher M. Case

Miguel Chavez Jr.  
James M. Deczynski  
Jebadiah Fairchild  
Rodivernino Hewitt  
John R. Hockman  
Peter A. Holcomb  
Phillip Humphries  
Peter A. Maselli II  
Jason E. Minich  
Martin A. Noel Jr.  
Brian R. Orona  
Travis W. Parks  
Thomas A. Payne  
Phillip L. Praeger  
Brian L. Ramirez  
Travis E. Register  
James M. Smith  
Wayne Souza  
Michael S. Sullivan  
Kevin W. Sword  
Jacob D. Watson  
Matthew D. Wiechert  
Joshua L. Withnell  
8th Operations Support Squadron  
Anthony E. Accoo  
James B. Brewer  
Reginald E. Davis  
Stephanie De Jesus  
Corey S. Glaze  
Andrew J. Kalenak  
Darrell E. Lee  
Lola F. Luzar  
Katherin A. Miller  
Latasha N. Nelson  
Lisa R. Stephenson  
Ahmad A. Swope  
8th Services Squadron  
Maria-Christina Alvarez  
Bridget N. Bivens  
Ira J. Palmer  
8th Security Forces Squadron  
Joseph D. Allen  
Tracie M. Bartlett  
Kent T. Bass  
David C. Bernal  
Mark T. Cameron  
Kenneth E. Campbell  
Negarren R. Colbert  
Daniel J. Cole  
Jamell D. Collins  
Jennifer D. Conley  
Gregory S. Darby  
Christopher Davis  
Tauheed W. Elamin  
Jeffrey C. Fay  
Kory E. Ferguson  
Samuel G. Flynn  
Glenn R. Gordon Jr.  
Elizabeth Harowitz  
Cecily A. Hart  
Charles Hernandez  
Keith Jackson  
Roger L. Kendall Jr.  
Kerry E. Koepp  
Todd J. Lavander  
Luke J. Plemons  
Antoinette Ruggeri  
Errol G. Samuel  
Robert J. Schwartz  
Bryan K. Scott  
Raphael R. Simmons  
Brandon J. Snider  
James D. Thompson  
Gregg C. Toya  
Jason S. Wells  
John E. Werner  
Linda O. Williams  
Thomas B. Yancey Jr.  
8th Supply Squadron  
Tala P. Cordero  
Craig H. Corey  
Gregory M. Duran

Alexcia L. Evans  
Andrew N. Hackett  
Jean Hahn  
Mathew M. Jordan  
David A. Lane  
Elaine Moore  
Della L. Rincon  
Dawn E. Williams  
8th Transportation Squadron  
Melissa R. Abraham  
Joshua R. Armes  
Kalyl F. Borowski  
Christina Comstock  
Timothy G. Debie  
Joshua J. Hill  
Gloria Moore  
Adrian R. Parker  
Charles A. Pierce  
Rendy R. Ricafrente  
Danon M. Rodarte  
Jose B. Rodriguez  
Mark A. Smith  
Christopher Swift  
Shaun M. Vanskiver  
Justin D. Walling  
Brandi S. Wheeler  
Benjamin Whitfield  
Sherlyn P. Wilson  
Patrick W. Wiseman  
80th Fighter Squadron  
Bob T. Brown  
Jamie L. Brown  
Allison M. Bull  
Lowell D. Callahan  
Carolyn R. Clinton  
Bryan S. Darby  
David D. Evans  
Heidi M. Fetzter  
Matthew J. Frandsen  
Gary A. Frank  
Freddie L. Gandy Jr.  
Kyle W. Goodwin  
Michael A. Gurtner  
Jason E. Haggard  
Mark E. Heller  
Robert E. Jackson  
Demetrius Johnson  
Bryan L. Longfellow  
Theresa Medina  
Marc K. Minami  
Mark R. Neiderer  
Scott J. Oberg  
John D. O'Reilly  
Joseph Quesenberry  
Jonathan Quilliam  
Brian D. Ross  
Ralph E. Stevenson  
Mark A. Swick Jr.  
Nathan U. Thomas  
Kailani W. Vasquez  
James K. Wilbert Jr.  
Lucian Williamson  
Projected Inbouds  
Chastity T. Finkley  
Rashaud Blandburg  
Bernard Q. Mallada  
Angel N. Mccoy  
Tina M. Martin  
Frederick E. Ellis  
Rick R. Richmond  
David L. Vanhorn  
Adam J. Link  
Jennifer L. Tucker  
Sean C. Haynes  
Damien A. Valentine  
Heath S. Chellberg  
James C. Dodson  
Kenneth L. Wiggs Jr.  
Audrey D. Francis  
Carl B. Hurst  
Jeremy W. Rolin  
Mark A. Williamson

Mark A. Mcpherson  
Matthew D. Hose  
Danie Carrasquillo  
Agustin S. Pascual  
Jason A. Thomas  
Joseph J. Voll  
Landon C. Anderson  
Erik D. Bush  
Quincy B. Davis  
Mahogany Armstead  
James F. Parisi  
William M. Holland  
Brett Vanderheide  
Santea O. Mccleave  
Mary T. Fraraccio  
Joshua C. Liebold  
Jesse W. Jenkins  
Ronald Ballantine  
Donivan L. Mckenzie  
Daniel J. Derouen  
Nicholas M. Baker  
Alan Ray Weary  
James G. Schulz  
Jennifer L. Harris  
Joe L. Ashton Jr.  
Chantelle R. Girdy  
Briandi L. Norman  
Michael W. McCarthy  
Jeremy A. Whisman  
Michael L. Brown  
Elizabeth A. Rocha  
Matthew A. Priest  
John C. White  
David P. Santell  
Clinton O. Millican  
Anthony J. Widener  
Jeremy S. Morton  
Steven M. Granfors  
Ryan D. Johnson  
Shane L. McCoy  
Deshunta N. Terrell  
Kriangs Blechinger  
Emilio Gonzales  
Micha Kleinwachter  
William B. Tidmore  
James B. Fountain  
Timothy R. Hiday  
Orin G. Dexter III  
Sunday M. Rossi  
Elton R. Bulluck Jr.  
John T. Hauer  
Joycelyn M. Walker  
Harold E. Eaton  
Lisa A. Jake  
Jason M. Austin  
Richard Barefield  
Ralph Warner  
Dennis R. Lotito  
Heidi L. Gerber  
Kathryn E. Linder  
Paul J. Rupert  
Samantha Kilakis  
Jessica M. Turner  
Shane D. Mckenna  
Kevin S. Alexander  
Melissa A. Caldwell  
William J. Hawkins  
Nicholas D. Frazier  
Brooks L. Hartley  
Marcell A. Smalls  
Suzannah G. Haley  
Benjamin C. Sides  
Lizette M. Marshall  
Heather L. Hoppe  
Misty D. Minkler  
John J. Romaker  
Eric Rodriguez  
Roger L. Bell Jr.

Dining Facility Menus

Menus are subject to change without notice.

O'Malley Inn Dining Facility

Bldg. 550 Phone: 782-7202

Today

Dinner: Italian sausage, lasagna and spaghetti with meat sauce

Special: Barbecue pork sandwich

Saturday

Brunch: Cajun meatloaf, Baked chicken and ribeye steak

Dinner: Fish almonidine, pork chops with mushroom gravy and stir-fry chicken

Sunday

Brunch: Chicken breast parmesan, sauerbraten and tuna and noodles

Dinner: Fried shrimp, barbecued chicken and spinach lasagna

Monday

Lunch: Baked chicken, simmered knockwurst and Swiss steak with tomato sauce

Dinner: Roast turkey, baked ham and fish and fries

Special: Fried chicken nuggets

Tuesday

Lunch: Salisbury steak, onion-lemon baked fish, Yakisoba and beef spaghetti

Dinner: Barbecued beef cubes, paprika beef and pork chop suey

Special: Steak and cheese sub

Wednesday

Lunch: Beef porcupines, Caribbean jerk chicken and chicken enchiladas

Dinner: Country style steak, fried chicken and pita pizzas

Special: Individual cheese pizza

Thursday

Lunch: Tempura fried fish, liver with onions and orange-spiced chops

Dinner: Pepper steak, Mr. Z baked chicken and ginger pot-roast

C-Pad Dining Facility

Bldg. 2850 Phone: 782-4688



Today

Beef and Corn Pie, Seafood Newburg, Veal Paprika Steaks

Monday

Baked Stuffed Fish, Pot Roast, Roast Loin of Pork

Tuesday

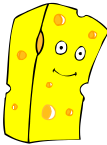
Salmon Cakes, Teriyaki Chicken, Veal Parmesana

Wednesday

Barbecue Ham Steaks, Beef Ball Stroganoff, Turkey and Noodles

Thursday

Herbed Baked Chicken, Southern Fried Catfish, Stuffed Cabbage rolls

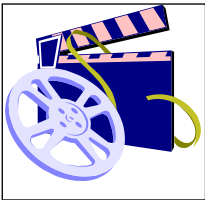


Menus and amount of service offered are subject to change.



At the movies

Show times are subject to change without notice.



Today - "Men in Black II" (PG-13) Running time: 1 hour and 22 minutes. Starring Will Smith and Tommy Lee Jones, 7 and 9:30 p.m.

Saturday - "Men in Black II" (PG-13) Running time: 1 hours 22 minutes, 7 and 9:30 p.m.

Sunday - "Insomnia" (R) Running time: 1 hour and 58 minutes. Starring Al Pacino and Robin Williams, 7 and 9:30 p.m.

Monday - "The Sumof All Fears" (PG-13) Running time: 1 hour and 59 minutes. Starring Ben Affleck and Morgan Freeman, 8 p.m.

Tuesday - "The Sumof All Fears" (PG-13), 8 p.m.

Wednesday - "Undercover Brother" (PG-13) Running time: 1 hour and 36 minutes. Starring Eddie Griffin and Chris Kattan, 8 p.m.

Thursday - "Undercover Brother" (PG-13) 8 p.m.

Weekend Matinee - "Spirit: Stallone of the Cimmarron" (G) Animated, running time: 1 hour and 22 minutes. Sat. and Sun. at 3 p.m.



Wolf Pack Police Blotter



Aug. 9

Fire Response: The base fire department responded to a minor fuel leak at building 2813. The response terminated once the problem was found to be a small leak from a government-owned vehicle fuel line.

Fire Response: The base fire department responded to a report of a fuel leak at building 755. The response terminated once the problem was found to be condensation from an operating air conditioner.

Scheduled Protest: The main gate was closed and all mobile protest response forces posted in response to the scheduled protest.

Aug. 10

Damage to Government Property: It was reported the glass in the dorm manager's office window at building 1431 had been shattered.

Curfew Violation/Failure to Obey Lawful Order/Under Age Drinking: Security forces individuals detained two Army privates for being in an unauthorized club after-hours and under-age drinking.

Disorderly Conduct: An anonymous caller reported six individuals were throwing bottles at building 1401. Security forces members made contact with two witnesses who stated they saw two individuals throwing bottles at the building. All patrols conducted sector sweeps for the individuals.

911 Response: Security forces members responded to a report of a possible head injury at the fitness center basketball court. The patrolmen made contact with a senior airman who stated he was struck in the head playing basketball. The airman was treated by 8th Medical Group representatives and released.

Damage to Personal Property: A senior airman notified the control center that his co-worker's Hyundai Sonata had the windshield wiper broken off.

Aug. 12

Damage to Government Property: It was reported that a cabinet and two chairs were broken in the second floor kitchen of building 1512.

Government-Owned Vehicle Accident On Base: A traffic accident occurred on the flightline mass parking area near hardened aircraft shelter 04. Security forces members determined the first individual turned too sharply after talking with the second vehicle operator and caused two dents on the driver-side door and a scratch running down the rear driver side panel.

911 Call: A vehicle accident occurred near building 614. Security forces responded to the scene and determined a Korean national, who was driving east on Avenue E, had attempted to make a U-turn when he noticed the barriers on East 8th street and drove his front drivers-side wheel into the ditch.

Blotter report provided by Senior Airman Robert Schwartz, 8th SFS

Chapel Schedule

Catholic Mass: 9 a.m., Sundays; 5:30 p.m., Saturdays; 11:30 a.m., Monday through Thursdays and Reconciliation is 4:30 p.m., Saturdays

Protestant service: General Protestant Service is 11 a.m., Sundays

Gospel service is 12:30 p.m., Sundays; Inspirational Fellowship is 7:30 p.m., Fridays

Church of Christ services: Sundays in the SonLight Inn, Room 1; Bible study is 10 a.m.; Worship is 11 a.m., and 6 p.m.; Bible study is 7 p.m., Wednesdays in the SonLight Inn, Room 1.

Church of Jesus Christ of Latter-day Saints services: 3 p.m., Sundays in the base chapel.

Alcoholics Anonymous: Meetings are 8-9 p.m., Tuesdays, Thursdays and Saturdays in Room 1 at the SonLight Inn. For more information call 782-4300.

Space-A Notes

✧ Baggage limitations are limited to two pieces of checked baggage not exceeding 70 pounds each. One carry-on (not to include a purse or briefcase) no larger than 22 inches long, by 9 inches wide, by 14 inches high, is allowed.

✧ You must be on leave status in order to sign-up or register for a space-A flight.

✧ Call the passenger terminal at 782-4666 for more information.

Defend the base. Accept follow-on forces. Take the fight north.

Listen to the Dragons' roar in Taekwondo

Kadena NCO uses martial arts to teach self-defense, life skills

Story and photo by Master Sgt. Michael Farris  
353rd Special Operations Group public affairs

Staff Sgt. Eric Suan wears his white uniform a lot. He's not a medic and he doesn't work in a snowy climate. If you think he sells ice cream, think again - or you might get kicked in the teeth.

Six nights a week, this 34-year-old aviation resource manager with the 17th Special Operations Squadron, suits up in his martial arts outfit to instruct more than 200 people at Olympic style Taekwondo.

"Double kick! Spin hook kick!" Suan directs the charge while holding a padded target and slowly backpedaling. The student attacks with determined ferocity and the dogged resolve to get it right.

Each student is keenly aware of the five tenants of Taekwondo: courtesy, integrity, perseverance, self-control and indomitable spirit. Suan said these values are practiced inside and outside the gym.

"The most difficult part of this job is not getting them to understand or to motivate them," he said. "More challenging is learning everybody's individual talents and weaknesses and then pairing students who can best learn from each other."

With 200 students between the ages of 4 and 40, Suan spends at least 16 hours-a-week in the gymnasium and fitness center.

"I'm amazed by the dedication of my students. They come to every class bringing energy and enthusiasm. Sometimes students who transferred away years ago will write me a thank-you letter with graduation photos enclosed. Others write asking for recommendations. It's flattering that they would think of me as someone who shaped them into young adults."

In recent years, classes expanded so fast Suan needed help. He enlisted his wife Maria and 14-year-old daughter Sharon.

"It came to a point where I couldn't do it all by myself," he said. "Maria is great with the parents, she has never-ending patience with the kids and is an administrative dream come true."

Sharon's been kicking around her Dad for eight years and sports a black belt of her own.

"She serves as a role model for many other students," Suan said. "Sometimes it's easier for her to explain things to her peers."

Leslie Hite, a Kadena sixth grader, said her classmates are like family.

"I've been studying martial arts for six years," she said. "But I've only been sparring for three. I like to come here and be with my friends and get a good workout."

A good workout is almost guaranteed at Kadena's Taekwondo classes, but it's not the only motivation for students.

Some are drawn by the prospect of defending themselves. Others seek the fantastic improvement in balance and body control provided by a few months of practice.

The Little Dragons class is made up of 30 or so four and five-year-olds. If belts were awarded on desire, they'd each be at the top.

"They come here wanting to impress us so badly," Suan said. "They want to fly through the air like cartoon characters and they hang on every word we say. They have no bad habits at all and they catch on so fast, it's just amazing."

The Dragons aren't allowed to spar because, as Suan says, they don't quite know what



Sharon Suan holds for Michael Lauber's spin hook kick in Kadena Air Base, Japan's Youth Center.

they're capable of.

When he came to Kadena seven years ago, he realized his children would benefit from Taekwondo and has been busy ever since. When he has time to train, he still competes occasionally.

"Normally the best tournament competitive fighters are between 14- and 26-years-old due to their speed, endurance and recovery time from minor injuries," he said.

"Some of my students are right there, though," he said. "One of my former students made the Air Force Taekwondo team and another made the Marine team."

(Courtesy of PACAF News Service)

Sports Briefs

Fall dart league begins Monday

The fall dart league begins Monday and teams will play at 7 p.m. Mondays and Wednesdays at the security forces hooch. The cost is \$3 per night per player or \$12 per team. Teams must have between four and eight players. Anyone interested in forming a team, can call Staff Sgt. Jon Leidner at 782-5757 or Staff Sgt. Ronald Mason at 782-5600.

5K run/walk set

A 5K 'Fall Brawl' run/walk is scheduled for 10 a.m. Aug. 24. Participants should meet at the fitness center. For more information, call 782-4026.

New 'Early Bird' exercise set

Morning group exercise classes will be held at 5:30 a.m., Tuesdays and Thursdays. Classes will vary from step, cardio-kickboxing and hi/low impact aerobics.

Women's varsity b-ball practices set

Women interested in playing for the base basketball team can come to team practices held at 6 p.m., Mondays and Wednesdays at the fitness center. For more information, call Senior Airman Orly Tyrell at 782-4998.

Fitness center limits towel use

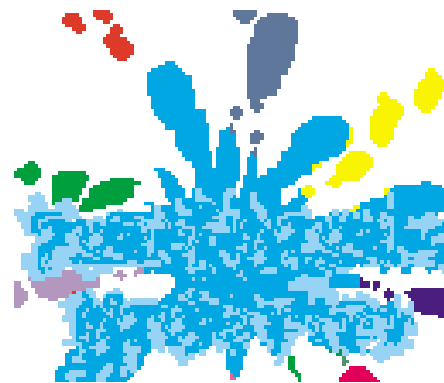
To better accommodate everyone, the fitness center staff asks that customers only take one large and one small towel. This helps the staff from running out of towels, especially during peak hours.

Intramural Standings

American League Softball			National League Softball			Golf Standings	
	W	L		W	L	Points	
MXS A	11	0	K-9	9	0	LSS	26.5
CES A	9	2	CES B	9	2	CES A	18
35th FS	9	2	AMMO A	8	3	COMM A	17
SUPS A	8	3	AGE	7	3	SVS	17
80th FS	7	4	607 MMS	7	5	OSS	14
TRANS	6	5	CPTF	6	4	SUPS	13
MDG	5	6	E-BTRY	6	2	SFS	13
OSS	5	6	SVS	6	6	MDG	10
COMM	4	7	AMMO B	5	7	COMM C	9
F-BTRY	4	7	WEAPONS	3	9	COMM B	7
SFS	2	9	SUPS B	3	8	K-9	6
MSS A	1	10	MSS B	1	10	80th FS	5
			FUELS	0	9	MSS	3
						CPTF	3
						35th FS	1



## X-treme



## Sports

*Wolf Pack  
defends the  
base during  
paintball  
tournament*



Photos by Tech. Sgt. Maurice Hessel



Senior Airman Mark Mancha, 8th Transportation Squadron, takes cover and searches for the enemy during the tournament, which was held at Wolf Pack Park.

(ABOVE) Tech. Sgt. Ian Smith, 8th Security Forces Squadron, readies himself to fire at the enemy. Smith was one of more than 80 Wolf Pack members who participated in the base paintball tournament Saturday.



Master Sgt. Mike D'Amico (left), 8th Services Squadron, gives final instructions on the operation of the paintball rifle. SVS sponsored the paintball tournament. More than 16 five-player teams competed.

